

Wellness Program Committee Meeting Agenda  
May 2, 2017

1. Nutrition Guidelines
  - A. 2017-18 Smart Snacks/ A la carte
  - B. Fundraisers
  
2. Nutrition Promotion and Education
  - A. Nutrition promotion on website and in cafeteria
  - B. Nutrition Education aligned with MLS and GLE's
  
3. Physical Education
  - A. Physical Education GLE's aligned with MLS
  - B. PE/Recess time requirements
  
4. Policy Assessment
  - A. School Health Index
  - B. Wellness Policy Implementation Evaluation
  - C. Wellness Survey

Wellness Program Committee Meeting Minutes  
May 2, 2017

1. The committee discussed with administration the possibility of snacks and a la carte for the 2017-18 school year. It was determined by admin there would be no a la carte or snacks sold during mealtimes for next year. Healthy drinks from vending machine may be sold throughout the day, but sodas must not be offered until 30 minutes after school is out, as per wellness policy.
2. It was discussed that all food related fundraising must meet wellness program policy requirements, as per MSBA procedure ADF-AP1.
3. A motion was made by Jacklyn Aldrich and seconded by Dana Comstock to promote good nutrition in the school cafeteria through posters, advertisements, etc., as well as on the school website under food service. Motion carried unanimously.
4. It was discussed with administration the University of Missouri Extension office would be contacted by admin to, again, provide nutrition education to elementary/middle school students for the 2017-19-8 school year. High school students will receive nutrition education as per standards in health class.
5. It was discussed with administration the GLE's and time requirement for physical education/activity for all students. It was determined that the Chadwick R-I School District meets all requirements in this area.
6. A motion was made by Jessi Little and seconded by Tanya Rains to adopt the Chadwick School Health Index and the Wellness Policy Implementation Evaluation, performed by Jacklyn Aldrich and reviewed by the committee. Motion carried unanimously.
7. It was discussed the Chadwick Wellness Survey was completed near the end of the 2017-15 school year and should be due near the end of the 2017-18 school year.

## Wellness Committee Sign-In Log

Date 5-2-17

NAME	POSITION	SIGNATURE
Dana Comstock	Administrator	Dana Comstock
David Aldrich	Administrator	David Aldrich
Amy Van Houden	Health Aide/Director	Amy Van Houden
Jacklyn Aldrich	Grant writer/SPED Director	Jacklyn Aldrich
Jessi Little	Bookkeeper/Parent	Jessi Little
Tanya Rains	Teacher	Tanya Rains
Marie Day	Board Member	
Linda Wommace Carla Anderson	Food Service	Linda Wommace
Jenny Gardner	Nutritionist	Jenny Gardner
Candra Gilbert	Community Member	
Scott Payne	Physical Education Teacher	Scott Payne
Cassie Guerin	Food Service Clerk	Cassie Guerin
	Student	Mariah Aldrich