

## **Chadwick R-1 School District**

Stakeholder Health Wellness Survey 2014-15

Provided by Survey Monkey

### **1. What school do you attend?**

- ☒ A) Elementary
- ☐ B) Middle
- ☐ C) High School

### **2. How old are you?**

- ☐ A) 4-7 years
- ☐ B) 8-9 years old
- ☐ C) 10-12 years old
- ☐ D) 13-14 years old
- ☐ E) 15-16 years old
- ☐ F) 17-18 years old
- ☐ G) 19-21 years old

### **3. What is your gender?**

- ☐ A) Male
- ☐ B) Female

### **4. What grade are you in?**

- ☐ A) PreK- 4th grade
- ☐ B) 5<sup>th</sup>- 8th grade
- ☐ C) 9<sup>th</sup>- 12th grade

### **5. During the past 12 months, how would you describe the grades you mostly received in school?**

- ☐ A) Mostly A's
- ☐ B) A's and B's
- ☐ C) Mostly B's
- ☐ D) B's and C's
- ☐ E) Mostly C's
- ☐ F) C's and D's
- ☐ G) Mostly D's
- ☐ H) Mostly F's

**6. Do you plan to go to college or some other school after high school?**

- ☐ A) Yes
- ☐ B) No

**7. I feel close to people at this school.**

- ☐ A) Strongly Disagree
- ☐ B) Disagree
- ☐ C) Neither Disagree nor Agree
- ☐ D) Agree
- ☐ E) Strongly Agree

**8. I am happy to be at this school.**

- ☐ A) Strongly Disagree
- ☐ B) Disagree
- ☐ C) Neither Disagree nor Agree
- ☐ D) Agree
- ☐ E) Strongly Agree

**9. I feel like I am part of this school.**

- ☐ A) Strongly Disagree
- ☐ B) Disagree
- ☐ C) Neither Disagree nor Agree
- ☐ D) Agree
- ☐ E) Strongly Agree

**10. The teachers at this school treat students fairly.**

- ☐ A) Strongly Disagree
- ☐ B) Disagree
- ☐ C) Neither Disagree nor Agree
- ☐ D) Agree
- ☐ E) Strongly Agree

**11. I feel safe in my school.**

- ☐ A) Strongly Disagree
- ☐ B) Disagree
- ☐ C) Neither Disagree nor Agree
- ☐ D) Agree
- ☐ E) Strongly Agree

**12. I try hard at school because I am interested in my work.**

- ☐ A) Strongly Disagree
- ☐ B) Disagree
- ☐ C) Neither Disagree nor Agree
- ☐ D) Agree
- ☐ E) Strongly Agree

**13. I am always trying to do better in my schoolwork.**

- ☐ .A) Strongly Disagree
- ☐ B) Disagree
- ☐ C) Neither Disagree nor Agree
- ☐ D) Agree
- ☐ E) Strongly Agree

**14. At my school, there is a teacher or some other adult who really cares about me.**

- ☐ A) Not at all true
- ☐ B) A little true
- ☐ C) Pretty much true
- ☐ D) Very much true

**15. At my school, there is a teacher or some other adult who tells me when I do a good job.**

- ☐ A) Not at all true
- ☐ B) A little true
- ☐ C) Pretty much true
- ☐ D) Very much true

**16. At school, I do things that make a difference.**

- ☐ A) Not at all true
- ☐ B) A little true
- ☐ C) Pretty much true
- ☐ D) Very much true

**17. How safe do you feel when you are at school?**

- ☐ A) Very unsafe
- ☐ B) Unsafe
- ☐ C) Neither safe nor unsafe
- ☐ D) Safe
- ☐ E) Very Safe

**18. Do you think you are underweight, about right, or overweight?**

- ☐ A) Overweight
- ☐ C) Underweight
- ☐ D) About Right
- ☒ E) Unsure

**19. Have other kids at school ever teased you about what your body looks like?**

- ☐ A) No
- ☐ B) Yes

**20. How many days each week do you exercise, dance, or play sports?**

- ☐ A) 0-1 days
- ☐ B) 2-3 day
- ☐ C) 3-4 days
- ☐ D) 5-6 days
- ☐ E) 7 days

**21. Yesterday, how much time did you spend watching TV or playing video games?**

- ☐ A) None, I didn't watch TV yesterday
- ☐ B) Less than 1 hour
- ☐ C) About 1 hour
- ☐ D) About 2 hours
- ☐ E) 3 or more hours

**22. Did you eat breakfast today?**

- ☐ A) Yes
- ☐ B) No

**23. On average, how would you rate the lunch from the school cafeteria?**

- ☐ Very Unhealthy
- ☐ Unhealthy
- ☐ Neither healthy or unhealthy
- ☐ Healthy
- ☐ Very Healthy

**24. How would you improve the school lunch meals?**

- ☐ offer a better selection of desserts
- ☐ offer more fresh fruit choices
- ☐ offer more lunch choices
- ☐ offer more fresh vegetable choices

**25. On average, how would you rate the breakfast from the school cafeteria?**

- ☐ Very Unhealthy
- ☐ Unhealthy
- ☐ Neither healthy or unhealthy
- ☐ Healthy
- ☐ Very Healthy

**26. How would you improve the school breakfast meals?**

- ☐ offer a better selection of desserts
- ☐ offer more fresh fruit choices
- ☐ offer more lunch choices
- ☐ offer more fresh vegetable choices

**27. Did you eat lunch today?**

- ☐ A) No
- ☐ B) Yes

**28. Do you feel like you are eating a balanced lunch?**

- ☐ A) No
- ☐ B) Yes

**29. Do you feel like you are eating a balanced breakfast?**

- ☐ A) No
- ☐ B) Yes

**30. Do you feel like you are eating a balanced dinner/ supper?**

- ☐ A) No
- ☐ B) Yes

Done